



## REFLECTION AND STUDY GUIDE

For Life Group Zoom Meeting on Aug 12, 7:30

### SERMON SERIES: DETOX, REFUEL, ENGAGE

Spiritual Preparation for a New Ministry Year at Harvest

**Sermon-Aug 9      DETOX- I JOHN 1:5- 2:6**

#### 1-CLEAR VISION 1 John 1:5

**Detox begins with an accurate view of God and He informs us of who we are.**

*"This is the message we have heard from him and proclaim to you, that God is light, and in him is no darkness at all." 1 John 1:5*

- A. Reflect on who God is and share some attributes of God. (A-Z)  
Share one attribute of God that you have personally experienced and are thankful for.
  
- B. Reflect on who we are together: The Church of Jesus Christ, Bible-believing, Spirit-dependent (prayer), Gospel-proclaiming, Christ-exalting.  
Describe each of these core characteristics of Harvest.  
Share how we each can personally take part in all that Harvest is.

#### 2-CLEAN HANDS 1 John 1:6-10

**Detox requires that we stop our willful participation in sin.**

- A. How does unconfessed sin contaminate our (my) fellowship with God and others?
  
- B. How can we (or I) be more intentional to recognize and detox from sinful actions and activities?

#### 3-PURE HEART 1 John 1:9- 2:1-6

**Detox is possible because, through Jesus, we can reset and start again.**

- A. What might contaminate our hearts? How would you describe a toxic heart?  
(motives, attitudes, desires, etc.)
  
- B. Describe what Jesus did/does to give us pure hearts before God? (vv.1b-2)
  
- C. How does keeping God's word help us grow in His love?
  
- D. What is the Lord saying, specifically to me, about what I need to do to spiritually detox in some way?

